



Chili & Cheese over Stuffed Pasta

1 bag (72 ct.) Mrs. T's ® Pierogies

6 to 8 Cups prepared Chili

1 Cup shredded Cheese

Place frozen pierogies in steam pan, top with chili; place in steamer for 15 to 17 minutes or until desired temperature is reached. Remove from steamer, top with cheese.

Optional: Place pierogies in boiling water until hot, 5 to 6 minutes. Heat chili to desired temperature. Place pierogies & chili into a large container and mix gently to combine. Top with cheese.



Chili Cheese Pierogies

Serving Size: 3 Mrs. T's Child Nutrition American Cheese Pierogies with Chili & Cheese

(Quantity) Yield: 24 servings

Nutrients per serving

350 calories

15 g protein

46 g carbohydrates

3 g fiber

114 calories from fat

60 calories from saturated fat

45 mg cholesterol

910 mg sodium

62 RE vitamin A

7.27 vitamin C

168 mg calcium

2.8 mg iron



Any substitution or omission of ingredients will change the above nutritionals.

