



## Marinara over Stuffed Pasta

1 bag (72 ct.) Mrs. T's ® Pierogies  
6 to 8 Cups Marinara Sauce  
Parmesan Cheese (Optional)

Place frozen pierogies in steam pan, top with marinara sauce; place in steamer for 15 to 17 minutes or until desired temperature is reached. Remove from steamer, top with cheese if desired.

**Optional:** Place pierogies in boiling water until hot, 5 to 6 minutes. Heat marinara sauce to desired temperature. Place pierogies & sauce into a large container and mix gently to combine. Top with cheese if desired.



### Pierogies Marinara

Serving Size: 3 Mrs. T's Child Nutrition High Protein American Cheese Pierogies with Marinara Sauce & Cheese

(Quantity) Yield: 24 servings

#### Nutrients per serving

380 calories  
19 g protein  
46 g carbohydrates  
6 g fiber  
125 calories from fat  
72 calories from saturated fat  
55 mg cholesterol  
1090 mg sodium  
27.6 RE vitamin A  
5.7 vitamin C  
240 mg calcium  
2.2 mg iron



Any substitution or omission of ingredients will change the above nutritionals.

